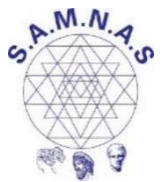


1st

International Aesthetic Medicine and Soft Surgery Meeting



European Medical Association



Athens, Greece

28 September 2019

Final Program

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**St International Aesthetic Medicine and Soft Surgery
Meeting**

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Welcome Message

Dear Colleagues,



On behalf of the Society of Aesthetic Medicine and Non Ablative Surgery (S.A.M.N.A.S.), I have the honor and pleasure to welcome you to the 1st International Aesthetic Medicine and Soft Surgery Meeting, which is going to take place in Athens-Greece at Venus Medicine on the 28th of September, 2019.

With the support of the European Medical Association (E.M.A.) and the State University of Camerino in Italy (UNICAM), the Meeting will present all the latest developments in the field of Aesthetic Medicine and Soft Surgery, covering breakthrough techniques which are applied to the face and body, signaling a new era in Aesthetic Medicine. Following the success of previous Conferences and taking account of the rapid evolution of Medical Science, the need to organize more and more events aimed at educating physicians is becoming increasingly urgent.

The programme comprises an exciting combination of lectures and practical workshops, presenting the latest innovative techniques in Aesthetic Medicine. A special thanks to all the distinguished scientists from Greece and abroad, who were actively involved in this effort, by sending us their clinical studies for presentation. We welcome you all to the beautiful city of Athens and look forward to a fruitful Meeting, which we are certain will set a precedent for many successful scientific meetings to come.

1st International Aesthetic Medicine and Soft Surgery Meeting

Athens, Greece • 28 September 2019

Organisation - Committees



Organiser

SOCIETY AESTHETIC MEDICINE NON ABLATIVE SURGERY

15, Kypselis Square, 112 57 Athens, Greece

Tel: +30 210 8825132 • E-mail: info@samnas.gr

Website: www.samnas.gr

Organising Committee



Prof. Sotiris G. Tsioumas

Eye Surgeon; Professor of Aesthetic Medicine, University of Camerino, Italy / University of Tor Vergata, Rome, Italy / University of Studies Guglielmo Marconi, Rome, Italy; President of SAMNAS (Society of Aesthetic Medicine and Non Ablative Surgery), (**Greece**)



Prof. Francesco Amenta

Director of University of Camerino Master in Aesthetic Medicine and Aesthetic Therapy in Camerino, (**Italy**)



Dr. Vincenzo Costigliola

President of the European Medical Association (EMA), (**Brussels**)

Scientific Committee



Prof. Sotiris G. Tsioumas

Eye Surgeon; Professor of Aesthetic Medicine, University of Camerino, Italy / University of Tor Vergata, Rome, Italy / University of Studies Guglielmo Marconi, Rome, Italy; President of SAMNAS (Society of Aesthetic Medicine and Non Ablative Surgery), (**Greece**)



Prof. Nikolaos Georgiadis-Stefanidis

Former Director of First Ophthalmology Clinic, University of Thessaloniki, AHEPA General Hospital, Thessaloniki, (**Greece**)

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List of Speakers



Prof. Francesco Amenta

Dean of the University of Camerino; Director of the MA in Aesthetic Medicine and Aesthetic Therapy at the University of Camerino in Italy, *(Italy)*



Prof. Konstantinos Boboridis

Professor in Ophthalmology, Oculoplastic & Orbital Surgeon at Aristotle University of Thessaloniki; Professor of Aesthetic Medicine at the University of Camerino in Italy, *(Greece)*



Prof. Fabrizio Bonucci

MDD Surgeon Doctor and Dental Practitioner; Aesthetic Medicine Doctor; Degree with praise in Medicine and Surgery, Univ. La Sapienza, Rome; Specialization with praise in Surgery of Digestive System and Surgical Digestive Endoscopy, Univ. La Sapienza, Rome; Master S.I.M.E.O. in Facial Aesthetic Medicine, Rome, *(Italy)*



Prof. Sotiris Davlouros

Vascular Surgeon; General Surgeon; Professor of Aesthetic Medicine at the University of Camerino in Italy; Vice President of the Cosmetic Aesthetic Medicine International Group (CAMIG) in Pavia -Italy, *(Greece)*



Prof. Giuseppe Fischetto

Dentist and electronics expert; Professor at the Postgraduate Course in Aesthetic Medicine in Dentistry at the Foggia University; Co-inventor of the FM 5 Sensory Technology, *(Italy)*



Dr. Claudio Galli

Spec. Occupational Medicine; Master in Aesthetic Medicine; Master in bariatric surgery and metabolic diseases; Master in Aesthetic Surgery, *(Italy)*



Prof. Nikolaos Georgiadis-Stefanidis

Eye Surgeon; Professor of Ophthalmology at Aristotle University of Thessaloniki; the former Director of the First Ophthalmology Clinic of the University of Thessaloniki (AHEPA General Hospital), *(Greece)*

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Prof. Eirini N. Georgiadou

Eye Surgeon; PhD in Medicine at Aristotle University of Thessaloniki; Professor of Aesthetic Medicine at the University of Camerino in Italy, (*Greece*)



Alessandro Giordani

Biomedical Engineer & PhD. Responsible of Communication; Education & Marketing Department of GMV, (*Italy*)



Dr. Katerina Gkouvi

Dermatologist - Venereologist; MSc Aesthetic Medicine; Member of several professional societies, such as Hellenic Society for Dermatology and Venereology, Hellenic Society for Dermatologic Surgery- Laser and Aesthetic Dermatology , Greek Anti-aging Society, Society for Aesthetic Medicine and Non Ablative Surgery(SAMNAS), Royal Dutch Society for the Promotion of Medicine (Koninklijke Nederlandsche Maatschappij tot bevordering der Geneeskunst -KNMG), (*Greece*)



Prof. Alina Koupidou

Anesthetist; Professor of Aesthetic Medicine at the University of Camerino in Italy, (*Greece*)



Prof. Konstantinos Kouskoulis

Professor of Dermatology; President of the Hellenic Thermal Medicine Academy; Vice Chancellor of Demokritos University; President of Global Chinese and Complementary Medicine; Professor of Aesthetic Medicine at the University of Camerino in Italy, (*Greece*)



Fotis Lepidas

Lawyer; publicist DEA Droit Public; legal counsel of EPAM, (*Greece*)

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Prof. Pier Michelle Mandrillo

Medical Surgeon & Dentist; Assistant Professor and Scientific Coordinator of the Postgraduate Course of Aesthetic Medicine in Dentistry at Foggia University; Lecturer of the 2nd level of the University Master "Aesthetic Medicine and Wellness-Harmony of Smith Chemistry of the face and Management of the smile" of the Chieti University; Lecturer in the specialization course in Aesthetic Medicine "the facial district» of the University of Tor Vergata in Rome-Italy, (*Italy*)



Dr. Agnieszka Nalewczyńska

Specialist in Obstetrics and Gynecology; Member of the Polish Society of Aesthetic and Reconstructive Gynecology; Member of the Polish Society of Plastic Gynecology, (*Poland*)



Theodora Papadonaki

Marketing Consultor; Founder of betterworld.gr, (*Greece*)



Dr. Demetris Savva

Harley Academy London; Aesthetic Practitioner graduate; Member of the American Association of Aesthetic Medicine and Surgery, Beverly Hills; Associate Member of the International Academy of Aesthetics, (*Cyprus*)



Prof. Sotiris G. Tsioumas

Eye Surgeon; Professor of Aesthetic Medicine, University of Camerino, Italy / University of Tor Vergata, Rome, Italy / University of Studies Guglielmo Marconi, Rome, Italy; President of SAMNAS (Society of Aesthetic Medicine and Non Ablative Surgery), (*Greece*)



General Information

Meeting Venue

Venus Medicine

294, Agiou Dimitriou Avenue, Agios Dimitrios, 173 42 Athens, Greece

Asclepius Hall (1st Floor) & Hippocrates Hall (3rd Floor)

Tel: +30 210 9848108

E-mail: info@venusmedicine.gr • Website: www.venusmedicine.gr

Meeting Date

Saturday, 28 September 2019

Organising Secretariat

Venus Medicine

294, Agiou Dimitriou Avenue, Agios Dimitrios, 173 42 Athens, Greece

Tel: +30 210 9848108

E-mail: info@venusmedicine.gr • Website: www.venusmedicine.gr

Certificate of Attendance

All registered delegates will receive a Certificate of Attendance.

Internet Access

Wireless internet connection is available in the Meeting areas throughout the Scientific Programme.

Name Badges

Registration badges will be used during the Meeting. Participants will receive their badges upon their check-in at the Registrations Desk. For identification purposes and admission to scientific sessions, delegates are requested to wear their badges at all times. Admission to Conference areas will not be allowed without badge identification.



Registration

Registration

Fee

Members of SAMNAS	80 €
Non-members of SAMNAS	150 €

Registration fees include the following services:

- Attendance of all scientific sessions
- Meeting documentation
- Coffee, refreshments and standing lunch during official breaks
- Welcome Reception

Dress: smart casual



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SCIENTIFIC PROGRAMME

09:00 – 09:30	Registrations
09:30 – 17:00	HIPPOCRATES HALL (3rd floor)
09:30 – 13:30	<u>SESSION I</u> <i>Chairs: K. Boboridis (Greece), V. Costigliola (Brussels), F. Bonucci (Italy)</i>
09:30 – 09:50	Thuzzle: more than a radiofrequency – Marketing analysis behind the project. A. Giordani (Italy)
09:50 – 10:10	Tips & Tricks of Internet Marketing. D. Papadonaki (Greece)
10:10 – 10:30	Topical metabolic increase of adipocyte tissue & medical breast augmentation. A.Koupidou (Greece)
10:30 – 10:50	Botulinum Toxin in Blepharospasm. K. Boboridis (Greece)
10:50 – 11:10	Vulvar Lichen Sclerosus: Treatment with Heterologous Type I Collagen. K. Gkouvi (Greece)
11:10 – 11:30	Medical Tourism in Thermal & Aesthetic Medicine. K. Kouskousis (Greece)
11:30 – 12:00	COFFEE BREAK <i>Chairs: A. Nalewczyńska (Poland), E.N. Georgiadou (Greece), A. Koupidou (Greece)</i>
12:00 – 12:20	Combined Techniques in Aesthetic Medicine. E.N. Georgiadou (Greece)
12:20 – 12:40	Botox Complications & Management. D. Savva (Cyprus)
12:40 – 13:00	Thermal Puzzle & Combination Techniques in Aesthetic Gynecology. A. Nalewczyńska (Poland)

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13:00 – 13:30	Aesthetic Medicine Legislation. F. Lepidas (Greece)
13:30 – 14:30	LUNCH BREAK
14:30 – 17:00	SESSION II <i>Chairs: S. Tsioumas (Greece), N. Georgiadis (Greece), F. Bonucci (Italy)</i>
14:30 – 14:50	Treatments for the “Red Pathology” of the face, neck & decollete. S. Davlouros (Greece)
14:50 – 15:10	Combined treatment of biostructuring and biostimulation in Aesthetic Medicine. C. Galli (Italy)
15:10 – 15:30	Acupuncture in Aesthetic Medicine. N. Georgiadis (Greece)
15:30 – 15:50	Cosmetic Guidance & Regulations. Safety Assessment. F. Amenta (Italy)
15:50 – 16:10	Smile & Beauty. F. Bonucci (Italy)
16:10 – 16:30	Autologous Technique in Aesthetic Medicine. S. Tsioumas (Greece)
16:30 – 16:45	Virtual Lifting Homologous. F. Bonucci (Italy)
16:45 – 17:15	Synaesthetic Medicine. G. Fischetto (Italy)



SCIenTIFIC PrOGraMMe WoRkShoPs

10:00 – 17:00 ASCLEPIUS HALL (1st floor)

10:00 – 10:30 Workshop: New & Old Techniques on Autologous Threads (small, smas, HLH, canula).
S. Tsioumas (Greece)

10:30 – 11:30 Workshop: Non-Surgical Labiaplasty with plasma PLEXR. Radiofrequency in Gynecology. Aesthetic Gynecology: Review of procedures.
A. Nalewczyńska (Poland)

11:30 – 12:00 **COFFEE BREAK**

12:00 – 13:00 Workshop: Combined treatment of biostructuring and biostimulation in Aesthetic Medicine.
C. Galli (Italy)

13:00 – 13:30 Workshop: Combined Techniques in Aesthetic Medicine.
E.N. Georgiadou (Greece)

13:30 – 14:30 **LUNCH BREAK**

14:30 – 15:00 Workshop: Carboxytherapy combined with Autologous Threads.
A. Koupidou (Greece)

15:00 – 15:30 Workshop: Cosmetic Phlebology of the lower limbs.
S. Davlourous (Greece)

15:30 – 16:30 Workshop: Synaesthetic Medicine.
P.M. Mandrillo (Italy), **G. Fischetto** (Italy)

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SCIENTIFIC PROGRAMME POSTERS

- Microneedling: Review of Pathophysiology and application, **D. Savva** (Cyprus)
- Effect of platelet-rich plasma and different peeling combination on acne therapy, **D. Savva** (Cyprus)
- The effect of PLEXR on the treatment of lichen simplex chronic, **D. Savva** (Cyprus)

